

NEW AUTUMN STUDY CLASSES

Six new study classes open to all, taught in English and run entirely by volunteers. Contact the person listed to register and receive joining details.

chinmayauk.org

CLASS 01

ONLINE

Gītā

Starts Sunday 27 September
Time 11.00am – 12.00 noon
Facilitator Teeny Khullar
Contact teenykhullar@hotmail.com

CLASS 02

ONLINE

Introduction to Vedānta

Starts Tuesday 8 October
Time 8.00 – 9.00pm
Facilitator Sharath Kumar Sekar
Contact sampradaya.vidya@gmail.com

CLASS 03

HYBRID

Prāṇāyāma & Meditation

Starts Saturday 26 September
Time 8.45 – 9.30am
Venue Online and in person at Chinmaya Kirti
Contact Sanjit Rao, sanjit@chinmayauk.org

CLASS 04

ONLINE

Patañjali Yoga Sūtra

Started Saturday 29 August
Time 11.00am
Facilitator Rameshbhai Pattni
Contact Selvi, selvi.senath@gmail.com

CLASS 05

ONLINE

Hanumat Vibhūti

Starts Friday 2 October
Time 7.00 – 7.45pm, every Friday
Text Sankat Mochan or Shri Hanuman Ashtakam

CLASS 06

ONLINE

Vedanta Foundations

Runs Every Thursday, 8 October – 12 November 2026 (6 weeks)
Time 8.15pm
Facilitator Daniel Newton
Price Free
Register bit.ly/vedantafoundations (WhatsApp group)
Contact academy@chinmayauk.org